

The Camino Ingles and Camino del Mar

To Santiago de Compostela from Ferrol, A Coruna or
Ribadeo

ISBN: **9781786313249** (Short Code: 1324)

Publication Date: **15 Sep 2026**

Price: **£17.95**

Edition: **Fourth**

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LAM , 168 pages

17.20 x 11.60 cm

Embark on a memorable pilgrimage along Galicia's rugged Atlantic coast with the Camino Inglés and Camino del Mar, two historic Camino de Santiago routes that combine scenic beauty, cultural richness and the timeless thrill of walking in the footsteps of centuries of pilgrims. From the charming harbours of Ferrol and A Coruña to the wild coastal landscapes of Ribadeo, each route offers stunning views, tranquil countryside, and the chance to reach Santiago de Compostela on foot.

This essential guidebook, authored by Dave Whitson and Laura Perazzoli, provides detailed stage descriptions, clear 1:100,000 mapping, larger-scale urban maps, and practical planning advice to help walkers and pilgrims tackle these classic Spanish Camino routes with confidence. The Camino Inglés typically takes around one week to complete and is suitable for most walkers with a decent fitness level. The Camino del Mar connects the Camino del Norte and Camino Inglés along the coast, offering a challenging walk with less well-marked sections.

- Detailed descriptions of the classic 115km (71 mile) Camino Inglés from Ferrol to Santiago de Compostela are included, plus an alternate 73km route starting at A Coruña to Hospital de Bruma and on to Santiago
- The newly designated 190km (118 mile) pilgrim route, the Camino del Mar, provides a coastal link from Ribadeo between the Camino del Norte and the Camino Inglés and is presented in 7 stages of 16-36km each, offering an opportunity to be a trailblazing pilgrim away from the crowds
- Downloadable GPX files are available for both routes as a digital navigation alternative for your Spanish pilgrim adventure
- Practical advice covers accommodation (pilgrim lodgings like albergues) and facilities, as well as how to get your pilgrim passport

Whether you're walking the classic Camino Inglés in a week or extending your journey along the dramatic coastal Camino del Mar, this guidebook equips you with the route knowledge, maps and practical information you need. With expertly researched stages and clear guidance, The Camino Inglés and Camino del Mar guidebook helps you plan and enjoy a rewarding pilgrimage experience immersed in history, culture and the breathtaking landscapes of northern Spain.

Key marketing points

Over 11,000 people walk the Camino Ingles route to Santiago each year
Previous edition of this guidebook has been a consistent bestseller

About the author

Laura Perazzoli lives and works in Portland, Oregon. She completed her first pilgrimage in 2004 on the Camino Francés. She has since led student pilgrimage trips on the Camino Francés, the Camino del Norte & Primitivo, the Via Francigena and the Le Puy route in France. Dave Whitson is a high school History teacher in Portland, Oregon. He first walked the Camino del Norte and Camino Primitivo in 2008 and has returned six times.

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