

Walking in Cyprus

33 walks in the South, including the Troodos Mountains

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A guidebook to 33 graded walks on Cyprus. Discover the Akamas Peninsula, the Troodos mountains and more, with options for beginner and experienced walkers alike.

Graded from '1' (easy and or short; waymarked) to '3' (long and or difficult terrain; challenging route-finding), the walks range from 3 to 20km (2-12 miles) and take anywhere from 1-7 hours to complete. Routes take in the west, central Cyprus, plus the south and the east - showcasing some of the best scenery and trails the island has to offer.

- Clear **route description** illustrated with **1:40,000 mapping**
- **GPX files** available to download
- Information on **refreshments, access and parking** provided for each route
- Highlights include **UNESCO-listed churches and monasteries**
- Notes on local **history, religion, plants and wildlife**

About the author

Nike and Jacint met many years ago as they both travelled into the unknown to build a new life in a different country. It wasn't long before they became inseparable. Travelling quickly emerged as their favourite activity and now wherever they go they try to find the best trails. They would love to share their passion for walking with others. Nike went to journalism school and Jacint is a keen photographer. They moved from London to Surrey, where they can enjoy the countryside and hills.

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