

# Walking in the Algarve

32 walks in the south of Portugal including Serra de Monchique and Costa Vicentina

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A guidebook to 32 walks in Portugal's Algarve region. Exploring the stunning scenery of both the coast and interior, the routes are graded by difficulty, with options suitable for beginner and experienced walkers alike.

Walks range from 4 to 18km (2-11 miles) and can be enjoyed in 1-6 hours. They are presented in four sections covering the eastern Algarve, central region, south coast and Costa Vicentina.

- Clear **route description** illustrated with **1:25,000 and 1:50,000 mapping**
- **GPX files** available to download
- Information on **refreshments, access, parking and public transport**
- Highlights include **Cabo de São Vicente** and **Fóia** (the highest peak in the region's Serra de Monchique mountains)
- Notes on local **geology, history, plants and wildlife**

## Key marketing points

With year-round sunny weather, compact geography and friendly people, the Algarve is truly a wonderful place to walk

## About the author

Nike and Jacint met many years ago on a long coach journey as they both travelled into the unknown to build a new life in a different country. It wasn't long before they became inseparable. Travelling quickly emerged as their favourite activity and now wherever they go they try to find the best trails. They would love to share their passion for walking with others. Nike went to journalism school and Jacint is a keen photographer. They moved from London to Surrey where they can enjoy the countryside and hills.

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