

Walking on the Isle of Wight

The Isle of Wight Coastal Path and 21 coastal and countryside walks

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A guidebook to 24 day walks on the Isle of Wight plus a long-distance Coastal Path route. Exploring the island's Natural Landscape there are walks suitable for all abilities.

The graded day walks range from 8-30km (5-19 miles) and can be enjoyed in 2-8 hours. The Coastal Path is a longer more challenging route circumnavigating the island. This is presented in 9 stages and covers 125km (78 miles).

- **1:50,000 OS maps** included for each walk
- Detailed information on **refreshments and public transport** are given for each walk
- **Easy access** from Newport, Cowes and Shanklin
- **Local points of interest** are featured including The Needles

About the author

Paul Curtis fell in love with the Isle of Wight on his first visit as an adult in 2008. Surprised and inspired by the sheer variety of landscapes in a relatively small area, he kept returning over the next three years and ended up walking nearly every footpath on the island before being commissioned by Cicerone to write a guidebook. He has lived on the island since 2011 but regularly finds time to walk and cycle on the mainland and internationally.

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