

Walking the Via Francigena

Pilgrim Route - Part 4

Rome to Monte Sant'Angelo, Bari, Brindisi and Santa Maria di Leuca

ISBN: **9781786312495** (Short Code: 1249)

Publication Date: **17 Apr 2025**

Price: **£18.95**

Edition: **First**

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LAM with flaps , 320 pages

17.20 x 11.60 cm

A guidebook to walking the final section of the Via Francigena pilgrimage. Part of a four-volume set, this volume covers the 930km historic route from Rome to Santa Maria di Leuca in Puglia.

The route is presented in 52 stages of 9 to 30km (5.5-18.5 miles), including alternative routes, with information on facilities and pilgrim hostels. Suitable for most abilities.

- **1:100,000 maps and profiles** included for each stage
- **GPX files** available to download
- Handy **route summary tables** help you plan your itinerary
- **Refreshment and accommodation** information given for each trek stage
- Advice on **planning and preparation**

About the author

From Seattle, Washington, Sanford 'Sandy' Brown is one of the world's most trusted and prolific pilgrimage guidebook authors. Inspired by The Pilgrimage by Paulo Coelho, he trekked the Camino de Santiago in 2008 and since then has walked or biked over 18,000km on pilgrim trails in Spain, France, Switzerland, Italy and the United States. He leads pilgrimage adventures in Europe through his travel company, Pilgrim Paths, and records his adventures in his popular blog, www.caminoist.org.

Sandy earned his undergraduate degree in medieval history at the University of Washington in Seattle, his MDiv at Garrett Theological Seminary, which honored him in 2006 as Distinguished Alumnus, and in 1997 earned a doctorate from Princeton Theological Seminary in gender, sexuality and spirituality. In his spare time he enjoys yoga, sailing and piano. He has two grown sons and lives with his wife, Theresa Elliott, in Lucca, Italy.

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