

15 Short Walks in the Yorkshire Dales - Sedbergh, Kirkby Lonsdale and Ingleton

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Would you like to explore the best of the Sedbergh, Kirkby Lonsdale and Ingleton? This guidebook covers 15 of the best short walks in the area (all under three hours), including Cautley Spout, Pendragon Castle, Wild Boar Fell, the Lune Valley and Ingleton Waterfalls Trail.

Why choose this guidebook?

- **Easy to moderate walks** suitable for almost everyone
- Short climbs but **no challenging terrain**
- **Numbered points** which tie OS maps to clear route description
- Facilities, parking and **highlights** for every route
- **Route Summary Table** to help you choose your walk

Cicerone's *Short Walks* guidebooks contain everything you need to get outdoors and discover the best of an area. The routes are perfect if you're new to walking or looking for something you can enjoy with the whole family. Let the adventures begin!

Key marketing points

The guide comes with easy-to-read Ordnance Survey maps, clear route descriptions and lots of images. Also contains information on local beauty spots and refreshment stops. Most walks are under 3 hours in length. No challenging terrain or complicated navigation; all you'll need to enjoy these walks is a waterproof jacket and trainers.

About the author

Originally from Oxfordshire, Lesley's lifelong passion for walking, trekking and, more recently, cycle touring has taken her to many corners of the UK, Europe and occasionally further afield. Although now mostly retired, she has been a director of Cicerone for over 25 years, leading its sales and marketing team. Lesley is a qualified marketing professional, a Fellow of the Royal Geographical Society and the author of *Walking the Tour of the Lake District*. Lesley shares a passion for alpine walking and trekking with husband Jonathan and together they have written several guidebooks. Based between the Lake District and Yorkshire Dales, they relish every excuse to spend days exploring and writing.

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