

Bikepacking - South East Gravel

Cantii Way and 11 long-weekend bikepacking adventures

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A guidebook to 12 of the best gravel bikepacking routes in the South and East, including the Cantii Way, exploring forest tracks, bridleways and quiet lanes over 1 to 3 days. Escape the urban sprawl and explore the region's wildest off-road routes.

The cycle routes are suitable for beginner and experienced MTB and gravel-bike riders and range between 69 and 249km (40-155 miles) in length. All routes are easily accessed by public transport.

- Graded routes for all abilities
- **GPX files** available to download
- **1:150,000 maps and profiles** included for each stage
- Handy **route summary tables and accommodation listings** help you plan your itinerary
- All routes easily accessible by train from London

About the author

Ed Hunton grew up in North Devon on the edge of Dartmoor and cycling was his main mode of transport. The unparalleled feeling of freedom his first bike afforded him on his adventures throughout South-West inspired a lifelong passion for cycling. Tours in Italy, Spain, Benelux, France and Cuba followed, with a mixture of campsites, wild camping and pensions being his preferred accommodation. A keen member of Audax, Ed has also completed the Trans Alba (an 800-mile circuit of Scotland), taken part in Bear Bones events and ridden countless sportives. His first guidebook for Cicerone explored 8 bikepacking routes in the Lake District.

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