

Lake District: Low Level and Lake Walks

30 of the best valley, lake and fell walks

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Pocket-sized guide to 30 of the best lower-level walks in the Lake District, visiting lakes, tarns, waterfalls, stone circles and some lower summits. Routes range from 7 to 17km (4-10 miles), with something for walkers of all levels of fitness and experience.

- Scenic highlights of the area, including Tarn Hows, Elterwater, Derwentwater, Castlerigg Stone Circle and Aira Force
- Easy access from popular centres such as Keswick, Ambleside, Windermere, Coniston, Grasmere, Ullswater, Buttermere and Eskdale
- Illustrated with 1:50,000 OS mapping and beautiful colour photography
- Mostly circular routes, graded by difficulty
- Notes on parking, public transport links and refreshment opportunities

Key marketing points

Routes cover the very best walking in the valleys and low fells. Walks include Tarn Hows, lakeside walks, waterfalls, Roman forts and stone circles and classic lower fell walks. Graded in length (7-17km) and difficulty, but not technical. A Cicerone guide for those seeking the best routes in one book. A second book covering the best 30 high-fell routes will be published in 2015.

About the author

Londoner by birth, but Cumbrian by choice, Vivienne Crow is an award-winning writer and photographer. Based near the Lake District, she has written more than a dozen guides to the national park and writes popular walking columns that appear in several north Cumbrian newspapers.

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