

Short Walks in the South Downs: Brighton, Eastbourne and Arundel

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Short Walks in the South Downs: Brighton, Eastbourne and Arundel contains 15 of the best short walks in the area, chosen by our authors. This compact pocket guide is perfect for those new to walking or to the area and each walk is suitable for everyone to enjoy.

Key marketing points

The guide comes with easy-to-read Ordnance Survey maps, clear route descriptions and lots of images. Also contains information on local beauty spots and refreshment stops. Most walks are under 3 hours in length and range from 4km to 13km. No challenging terrain or complicated navigation; all you'll need to enjoy these walks is a waterproof jacket and trainers. Most routes are accessible by public transport.

About the author

Nike and Jacint met many years ago on a long coach journey as they both travelled into the unknown to build a new life in a different country. It wasn't long before they became inseparable. Travelling quickly emerged as their favourite activity and now wherever they go they try to find the best trails. They would love to share their passion for walking with others. Nike went to journalism school and Jacint is a keen photographer. Nike and Jacint live in Guildford and when they are not walking in one of their favourite mountain ranges somewhere in Europe, they enjoy exploring the diverse trails in the Surrey Hills close to their home. And when they are not out walking they offer a personalised travel planning service, details of which can be seen on Nike and Jacint's website: www.trailnotes.co.uk.

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