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Climbing Toubkal

Climbing Morocco's Jebel Toubkal in summer and winter - hiking the Toubkal Circuit

ISBN: **9781786311993** (Short Code: 1199)
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Author: **Emily Woodhouse**
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17.20 x 11.60 cm

A guidebook to hiking Jebel Toubkal in Morocco's Atlas Mountains and the multi-day Toubkal circuit trek. The routes are divided into summer and winter ascents with additional acclimatisation options. They are designed for hikers with some experience in summer and winter trekking at altitude.

Ascents to the Toubkal summit are detailed for both the popular Ikhibi Sud route and the less-travelled Ikhibi Nord route. The guide also includes access information from Imlil to Toubkal Basecamp, along with three winter and four summer acclimatisation options. The circular Toubkal Circuit trek explores the Toubkal National Park and is described in 6 stages covering 68km (42 miles).

- **Oxford Alpine Club mapping** included for each route and trek stage
- **GPX files** available to download
- Detailed information on **planning, facilities and transport**
- All the **4000m peaks** included
- Covers all **beginner winter routes** in the Toubkal area

About the author

Emily Woodhouse is a writer and Mountain Leader. She had lived on three continents before she was 3 years old and has been climbing mountains since she first toddled into Yosemite Valley. She has been an active member of Mountain Rescue (UK) since 2015 and is very involved in outdoor education. As a writer, she has bylines across many magazines and newspapers with a focus on adventure travel. You can read more about her adventures at travellinglines.com

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