

# The Camino Portugues

From Lisbon and Porto to Santiago - Central, Coastal and Spiritual Caminos

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Guide to walking the Camino Portugues pilgrimage route - a popular variant of the Camino de Santiago or Way of St James - through Portugal, from Lisbon, Porto or Tui to Santiago de Compostela. The full 620km route from Lisbon can be completed in around a month.

- Includes the Central Camino, the Coastal Camino (between Porto and Redondela) and the Spiritual Variant (from Pontevedra to Padrón), plus link routes
- 1:100,000 mapping plus larger-scale town maps for key locations
- Step-by-step route description
- Comprehensive information on facilities, food and pilgrim lodgings
- Advice on planning and preparation
- GPX files available

## About the author

Originally from Melbourne, after graduating from university, Kat moved to Japan. Working as an adventure tour guide in Japan helped Kat develop her skills to seek out the local hotspots and also develop a love for hiking. 'A wise man climbs Mt Fuji, a fool climbs it twice' is a popular Japanese saying, so Kat climbed it 7 times. From Japan to Canada to London, she quit her office job in 2013 to walk the Camino de Santiago and has never looked back. She completed seven Caminos and walked over 10,000km in Spain, Portugal, England, Italy, Japan and America, including the 4240km Pacific Crest Trail from Mexico to Canada. Sadly Kat's life was cut short in early 2020. She is fondly remembered for her meticulous work, inspiration and energy.

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