

Walking Gran Paradiso

National Park

30 day walks in the Aosta Valley and Piedmont

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Author: **Gillian Price**

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A guidebook to 30 day walks in Italy's Gran Paradiso National Park, located between the Aosta Valley and Piedmont regions in the Graian Alps. Explore alpine mountainsides, lakes and river valleys in Italy's oldest national park. The routes are perfect for walking June to October, with options for walkers of all abilities.

Choose from graded hikes ranging from 2.5 to 24km (1.5-15 miles) that can be enjoyed in 1.5-8 hours. The routes are easily accessible by public transport from the park's villages and valleys. Holiday planning advice and accommodation ideas are also included.

- **GPX files** available to download
- **1:50,000 maps** included for each walk
- Detailed information on **local wildlife, alpine plants** and **history**
- Advice on **walking bases**
- **Easy access** from Turin and Milan

About the author

Gillian Price has trekked throughout Asia and the Himalayas, but now lives in Venice and is exploring the mountains and flatter bits of Italy. Starting in the Italian Dolomites, Gillian has written outstanding Cicerone guides to walking all over Italy as well as Corsica and Corfu. An adamant promoter of public transport to minimise environmental impact, Gillian belongs to Mountain Wilderness and is an active member of the Venice branch of CAI, the Italian Alpine Club. Check her out at www.gillianprice.eu.

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Cicerone Press

Juniper House, Murley Moss, Oxenholme Road, Kendal, LA9 7RL

www.cicerone.co.uk | sarah@cicerone.co.uk | 01539 587982