

Walking on the Orkney and Shetland Isles

80 walks in the Northern Isles

ISBN: **9781786311825** (Short Code: 1182)

Publication Date: **04 Jun 2025**

Price: **£16.95**

Edition: **Third**

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LAM with flaps , 224 pages

17.20 x 11.60 cm

A guidebook to 80 walks on the Isles of Shetland and Orkney. From short strolls to ancient monuments to more challenging cliff-top routes and moorland traverses, there is something for walkers of all levels of fitness and experience.

The walks range in length from 2 to 26km (1-17 miles) and cover 25 islands across Orkney and Shetland as well as Fair Isle and Foula.

- **GPX files** available to download
- **1:50,000 OS maps** included for each walk
- Detailed information on **public transport** to and around the islands
- Local points of interest are featured including **Skara Brae and Old Man of Hoy**
- Information included on **archaeology, history and local wildlife**

About the author

Graham runs Graham Uney Mountaineering from his home in Bampton in the Lake District where he offers skills courses for walkers and climbers, along with providing a range of qualifications for the national governing body Mountain Training. Graham also offers guided walking holidays in the UK, and treks in Nepal. Graham has had 19 books published to date. He is a freelance journalist and photographer. Outside work Graham enjoys learning to play the guitar, live music, travel and dog walking.

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