Trekking in Torres del Paine

Patagonia's premier national parks in Chile and Argentina, including Cerro Torre and Fitz Roy areas

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This guidebook describes the Torres del Paine Circuit, a 140km trek through Chile's premier national park, Torres del Paine. The route is divided into 14 graded stages, with each stage ranging from 1.5km to 18.5km. Beginning at CONAF Administración and finishing at Refugio Paine Grande, the route takes 10 to 11 days to complete.

Located in Patagonia at the southern tip of the Andes, Torres del Paine National Park showcases a vast range of natural beauty. From towering granite spires to vast glaciers, remote valleys and pristine forests, the park offers sublime scenery and enchanting vistas.

This second edition also describes several other shorter walks, both in Torres del Paine and beyond, including a multi-day trek in Argentina's Los Glaciares national park and several excursions from Puerto Natales and El Calafate. Information on linking routes, travel, accommodation and equipment also included.

About the author

Rudolf Abraham is an award-winning travel writer, photographer and guidebook author. He is the author of over a dozen books and has contributed to many more, and his work is published widely in magazines.

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