

Walking the Pennine Way

NATIONAL TRAIL - From Edale to Kirk Yetholm

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A guidebook to walking the Pennine Way, England's toughest National Trail. Suited to fit experienced walkers, the 426km (265 mile) route from Edale to Kirk Yetholm follows northern England's mountainous spine, passing through three national parks: the Peak District, the Yorkshire Dales and Northumberland.

The route is described from south to north in 20 stages of between 11 and 32km (7-20 miles).

- Contains **step-by-step description** of the route alongside **1:100,000 maps** and **elevation profiles**
- Includes a separate **map booklet** containing OS 1:25,000 mapping with the route line
- **Route summary table** and **trek planner** showing the distribution of facilities and public transport along the route
- **Accommodation listings**
- **GPX files** available for free download

About the author

Paddy Dillon is a prolific walker and guidebook writer, with over 100 guidebooks to his name and contributions to 40 other titles. He has written for several outdoor magazines and other publications and has appeared on radio and television. Paddy uses a tablet computer to write as he walks. His descriptions are therefore precise, having been written at the very point at which the reader uses them. Paddy is an indefatigable long-distance walker who has walked all of Britain's National Trails and several European trails. He has also walked in Nepal, Tibet, Korea and the Rocky Mountains of Canada and the US.

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