

Hiking Slovenia's Juliana Trail

Three-week trek: Triglav National Park, Bled and the Julian Alps

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This guide offers a 20-day trekking route on the Juliana Trail. It is a spectacular 330km trek through some lesser known areas of Slovenia's Julian Alps. Easily accessible by public transport this route is a straightforward, relatively easy hike.

Making a circuit around Triglav, Slovenia's highest peak, the trek takes in some less familiar valleys along with well-known spots such as Lake Bohinj and Bled, swings briefly through the corner of Italy, and into the Brda wine region.

This guide provides background information on local history, geology and wildlife, as well as planning details on when to go, where to stay and what facilities are available along the trail.

About the author

Rudolf Abraham (www.rudolfabraham.co.uk) is an award-winning travel writer and photographer specialising in Central and Eastern Europe. He is the author of a dozen books, and his work is published widely in magazines

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