

Walking La Via de la Plata and Camino Sanabres

The Camino de Santiago from Seville to Santiago de Compostela and Astorga

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A guidebook to walking the 995km (619 mile) La Via de la Plata and Camino Sanabres between Seville and Santiago de Compostela, plus an extension to Astorga to join the Camino Frances. This trek through Spain is suitable for any reasonably fit walker and can be completed in 6 weeks.

- Presented in 43 stages between 11 and 35km (7-22 miles) in length
- Ourense alternative route is given
- Route passes through Zafra, Mérida, Cáceres, Salamanca, Zamora, Ourense
- 1:100,000 maps are included for each stage
- Can be walked in Spring or Autumn
- GPX files available to download
- Detailed information on pilgrim lodging, facilities and preparation

About the author

Nicole Bukaty is a secondary school French and Spanish teacher in Crieff, Scotland. Originally from Kraków, Poland, she grew up in London and France, and has lived in Colombia, Spain and Russia. She has a BA Joint Honours degree in Philosophy and Hispanic Studies and an MA in Philosophy, both from King's College, London. She obsessively uses up her holidays and weekends to hike mountains or take on long-distance walks, totalling over 7000km so far, predominantly on pilgrim routes. She has even completed 450km all on asphalt from her mother's house in Ilawa, Poland, to the Polish monastery of Jasna Góra in Czestochowa. She is the author of the Via de la Plata and Camino Sanabres guidebook, and co-author of the Via Francigena in the South of Italy guidebook for Cicerone. Her next projects include books on Scotland and Norway.

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