

Trekking in the Karakoram

Pakistan: K2, Snow Lake, Gondogoro La and Nanga Parbat

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The Karakoram in northern Pakistan is home to many of the world's highest mountains, including K2, Broad Peak, Gasherbrum I and Gasherbrum II. This guide describes three of the most popular high-altitude treks in the Karakoram: Snow Lake and the Biafo and Hispar Glaciers; the K2 Base Camp Trek; and Gondogoro La via Concordia. Also included are two shorter treks in the shadow of another 8000m peak, nearby Nanga Parbat: Fairy Meadows and Rakhiot Base Camp Trek; and a trek to Diamir Face. The longer treks take around 11-12 days, although it is wise to include additional days for rest and acclimatisation.

Written by an experienced trekking guide and expert on the Karakoram, the book offers a wealth of advice on preparing for a trek and what to expect while in Pakistan, with sections on trek operators, cost, transport, food and drink, equipment and safety. Day by day route description is accompanied by mapping and inspirational photography, and you'll also find fascinating background notes on Pakistan's people, culture, geology, plants and wildlife, and the history of climbing and exploration in the Karakoram. Packed with information, the guide will enhance any visit to the mountains of the Gilgit-Baltistan region.

About the author

Bart Jordans has been guiding and exploring treks and (trekking) peaks in the Himalayas, Karakoram, Hindu Kush, European Alps, Kilimanjaro, Simien Mountains of Ethiopia, Moroccan Atlas Mountains and Damavand in Iran since 1984. Most of his guiding experience is in Bhutan, Nepal and Pakistan. He has been guiding in Pakistan since 1989. Originally from the Netherlands, he lived in the Himalayan Kingdom of Bhutan for over four years with his wife and two children. He also lived in Vietnam for two years, and is now settled in Copenhagen. Bart is a freelance trekking guide for several well-known companies. When not in the mountains he works in the outdoor gear business and writes articles on the mountains of Bhutan, for which he is a noted expert.

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