

# Walking the King Charles III England Coast Path: North West - Cumbria Map Booklet

1:25,000 OS Route Map Booklet

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Author: **Ange Harker**

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A guidebook to 30 circular walks in the Gower National Landscape. Exploring the beautiful scenery of the Gower Peninsula, the routes are suitable for walkers of all abilities and are perfect for walking year-round.

Walks range from 3-14 miles (4-23km) and can be enjoyed in 2-5 hours. Options for all abilities.

- Many of the walks take in sections of the **Wales Coast Path**
- **Easy access** from Swansea
- Detailed information on **refreshments** and **transport options** for each walk
- Routes take in **local points of interest** such as Rhossili and Three Cliffs Bay
- **1:50,000 OS map extracts** included for each walk

## About the author

Ange Harker is a farm-raised outdoor writer from Nidderdale, with work published in Trail, Country Walking and Lakeland Walker; and an alumni of the Rural Writing Institute and Kendal Mountain Literature Festival's Open Mountain programme. She's also a qualified walking guide having led across England and Wales, including many rounds of the Yorkshire Three Peaks. For the last decade Ange has been a member of Natural England's Coastal Access Delivery Team in the north west; collectively devising, planning and proposing the eventual route all the way from the Scottish border at Gretna to the Welsh border on the Dee Marshes, and with a special interest in accessibility.

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