

# Walking the King Charles III England Coast Path: North West

NATIONAL TRAIL - Cumbria, Lancashire and Merseyside  
Coast

---

ISBN: **9781786310279** (Short Code: 1027)

Publication Date: **15 Sep 2025**

Price: **£17.95**

Edition: **First**

Author: **Ange Harker**

LAM with flaps , 232 pages

17.20 x 11.60 cm

A guidebook to walking the northwest section of the King Charles III England Coast Path between Gretna and Chester. Covering 590km (367 miles), this straightforward trail along the Cumbria, Lancashire and Merseyside coast takes around 1 month to hike.

The route is described from north to south in 28 stages between 13 and 29km (8-18 miles) in length.

- Contains **step-by-step description** of the route alongside **1:50,000 OS maps**
- **Refreshment** information given for each route stage
- **Public transport** by stage is listed for those wanting to break the trail into shorter sections
- Handy **trek planner**, route summary tables and accommodation listings **help you plan your itinerary**
- Accompanying **map booklets** containing OS 1:25,000 mapping and route line are also available

## About the author

Ange Harker is a farm-raised outdoor writer from Nidderdale, with work published in Trail, Country Walking and Lakeland Walker; and an alumni of the Rural Writing Institute and Kendal Mountain Literature Festival's Open Mountain programme. She's also a qualified walking guide having led across England and Wales, including many rounds of the Yorkshire Three Peaks. For the last decade Ange has been a member of Natural England's Coastal Access Delivery Team in the north west; collectively devising, planning and proposing the eventual route all the way from the Scottish border at Gretna to the Welsh border on the Dee Marshes, and with a special interest in accessibility.

## Related books

9781786310033 Walking in Lancashire

9781786310293 Walking the King Charles III England Coast Path: North West - Cumbria Map Booklet

9781786310415 Walking the King Charles III England Coast Path: North West - Lancashire and Merseyside Map Booklet

9781786311337 Walking The Cumbria Way

9781786311504 Hadrian's Wall Path

9781786311559 Walking St Oswald's Way and Northumberland Coast  
Path

### **We can help you**

- Select the best range
- Keep up to date with new titles and editions
- Organise promotions
- Provide shelf display units, and spinners for larger ranges
- Arrange author talks and support in-store events

Contact Sarah Spencer  
[sarah@cicerone.co.uk](mailto:sarah@cicerone.co.uk)